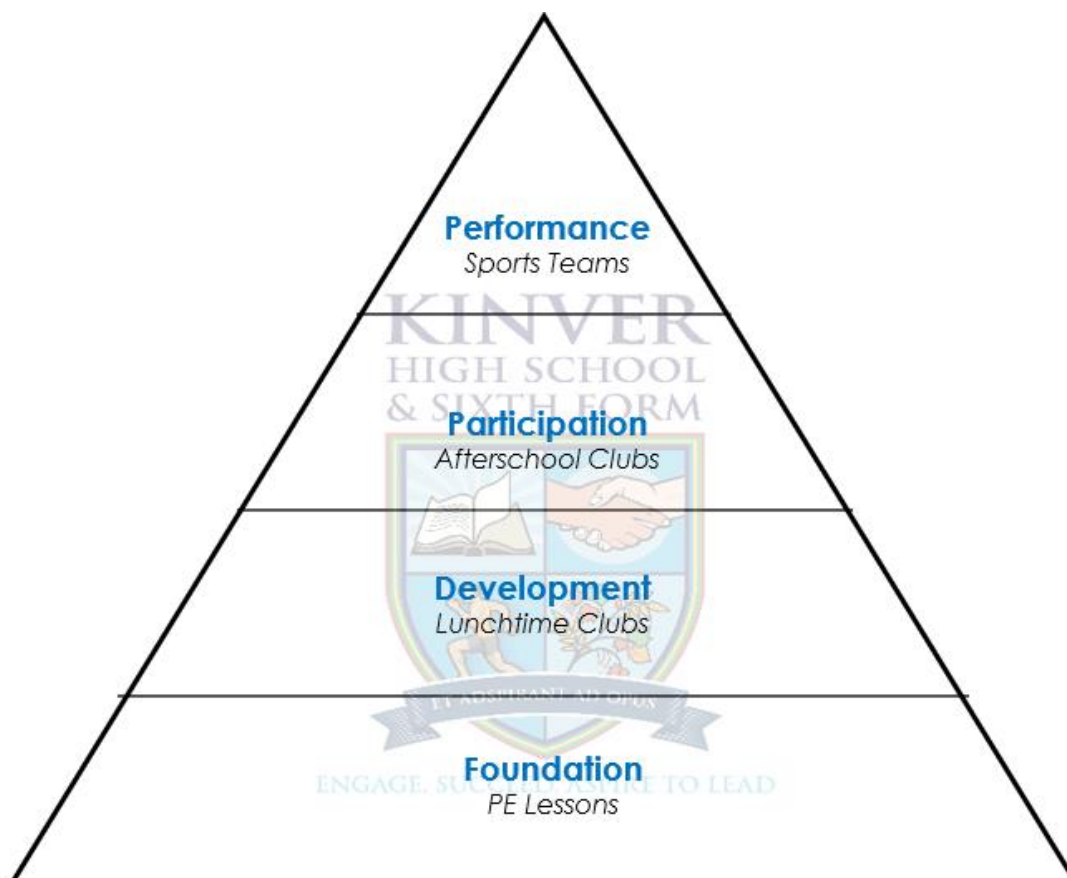




Sports Participation Pyramid

At Kinver our Participation Pyramid in sports outlines the different levels of engagement and development that students might go through, from broad participation to elite performance. It illustrates the importance of providing varied opportunities at each stage to cater to different interests and abilities. A well-structured system ensures students are supported, both in developing their sporting potential and maintaining a balance lifestyle.



1. Foundation Level: PE Lessons

Focus: Basic skill development, lifelong learning of sports and physical activity, enjoyment.

Description:

- Focuses on introducing a wide range of sports to encourage participation.
- Activities might include practice drills, fundamental movements, modified games and recreational play.
- Emphasis on fun, fitness, and fostering a love for sports.

Opportunities:

- PE classes covering multiple sports (Invasion Games, Net & Wall, Striking & Fielding).
- Non-competitive games and low-stakes opportunities.
- Community or school-hosted sports festivals and taster sessions.

Support:

- PE teachers
- SEND Department

2. Development Level: Lunchtime Clubs

Focus: Skill development and modified competitions.

Description:

- For students who show interest and potential in specific sports.
- Involves regular practice sessions.
- Students at this level often represent their house in inter-school leagues and competitions
- The emphasis is on teamwork, discipline, and improving sports-specific skills.

Opportunities:

- School sport pathway into sports teams (football, netball, rugby, basketball, etc.).
- Participation in sports leadership programs, where students can coach or officiate.

Support:

- PE Teachers
- Facilities for training (sports halls, pitches, courts).

3. Participation Level: After school clubs

Focus: Advanced and structured training

Description:

- Involves more structured training students who demonstrate high potential in a chosen sport.
- Students are typically involved in sports participation pathway or external sports clubs.
- Participation in friendly fixtures, inter-house and trust-wide competitions.

Opportunities:

- Participation in friendly fixtures, inter-house and trust-wide competitions.
- Access to specialist coaching programs.
- Talent development programs in specific sports.

Support:

- Regular access to high-level coaching and training.
- Use of the gym to strengthen performance.
- Mentoring from PE Teachers.

4. Performance Level: Sports Teams

Focus: Preparation for competitive sports performance.

Description:

- Students at this level are consistently represent the school teams or external sports clubs.
- They compete at the competitive levels available to their age group.
- Some may be involved in professional sporting pathways with a view to a future career in sport.

Opportunities:

- Representation at external fixtures in a variety of organised competitions.
- Access to specialist coaching programs.
- Talent development programs in specific sports.

Support:

- Regular access to high-level coaching and training.
- Use of the gym to strengthen performance.
- Mentoring from PE Teachers.
- Links with local clubs and national talent pathways.